On behalf of the entire team at Thane Direct, we appreciate your recent purchase of Ageless Wonder™.

Ageless Wonder™ delivers gentle microcurrent impulses to minimize wrinkles and to restore and tone facial muscles for a more youthful appearance.

- Improve facial tone
- Rejuvenate the skin
- Reduce puffiness
- Even out skin tone
- Improve facial circulation

Enjoy your Ageless Wonder™ and, once again, thank you!
1.0 INDICATIONS FOR USE

THE AGELESS WONDER™ Facial Muscle Stimulation System is indicated for the improvement of facial muscle tone, and for the tightening and firming of the facial skin. Not for use on injured or otherwise impaired skin or muscles, or use in any therapy or for the treatment, diagnosis, prevention or cure of any medical conditions or diseases.

The device must only be used for the purpose stated – namely for the stimulation of facial muscles as indicated in the instruction manual for personal beauty purposes. All other uses shall be deemed improper.

1.1 IMPORTANT! Introduction and Guidelines

Please read the complete instruction manual before you use the AGELESS WONDER™. It will give you a better understanding of how the device works, and you’ll be able to enjoy the best results.

How the AGELESS WONDER™ Facial Stimulation System works

The AGELESS WONDER™ is a battery-powered portable EMS device intended for the improvement of facial muscle tone and for the tightening and firming of the facial skin. It uses specially designed bi-polar low voltage micro-current impulses to stimulate your facial muscles into contracting.

The face is one of the hardest muscle areas to train and work out. With the AGELESS WONDER™, you can contract the muscle fibers of your face safely and effectively to increase blood flow and exercise your facial muscles so they become firmer and give your face a more lifted appearance.
Clinical research trials have been conducted to test the effectiveness of the AGELESS WONDER™ device. The performance of the AGELESS WONDER™ device has been enhanced with 6 pre-programmed modes for ease of use, with maximum benefits and results. The programs are specifically designed for 5 different facial areas.

The AGELESS WONDER™ is a uniquely designed device that enables you to stimulate the facial branch nerve in the cheek bones, with the unique headset. You can disconnect the application wand with a simple click to use the wand for handheld targeted application in other facial areas.

This gives you the convenience of target-specific operation and twice the stimulation when applying it to the most important facial branch nerve and the flexibility to stimulate other important areas of your face.

When you switch the device on, the LCD display will light up indicating that your AGELESS WONDER™ is working properly.

Choose a facial area you want to stimulate and select the corresponding program and intensity level as described on the workout pages.

The device comes with 4 pre-inserted conductive sponges. Sponge replacement is described later in this manual. Apply a little water until the sponge is wet to the touch.

When applying the AGELESS WONDER™ to your face, you will feel a slight tingling sensation. Adjust the intensity of the electrical pulse by pressing the High/Low button (+/-). The LCD will indicate the chosen intensity level.

Tip! In order to obtain proper stimulation, move the headset and wand until you can feel your muscles responding properly. Increase the intensity until your facial muscles are noticeably twitching and tone the unit down one step after you have reached this point.

How to achieve the best possible results

The AGELESS WONDER™ will work on some muscles that probably have never been stimulated before. The AGELESS WONDER™ really works and delivers results. However, consistency is the key. We recommend you use the AGELESS WONDER™ for 15 minutes a day on each selected area 4 times a week for at least 4 weeks.
2.0 AGELESS WONDER™ INSTRUCTIONS

The facial muscles and skin are one of the hardest muscle groups and areas in your body to tone, and the new AGELESS WONDER™ is ideally suited to assist in this difficult task. In 15 minutes, you can contract your muscles with up to 3,000 contractions just by selecting program mode 1.

With the normal recommended use of the AGELESS WONDER™ for 15 minutes each day for each specified area, you will see noticeable improvement of your facial tone after 4 weeks of regular use. A healthy diet, combined with the modern technology of the AGELESS WONDER™, is the best way to achieve these results.

2.1 HOW THE AGELESS WONDER™ FACIAL STIMULATION SYSTEM WORKS

The AGELESS WONDER™ generates small, gentle electrical pulses that are delivered onto your skin through the application wand. These electrical pulses activate your underlying motor nerves, resulting in muscle contractions. The AGELESS WONDER™ sends a signal to your muscle to cause it to contract and then relax. These impulses are designed to mimic the natural nerve signal and to obtain efficient, pleasant contractions, which repeat again and again. It stimulates these impossible-to-exercise facial muscles and it is easy to use!

The AGELESS WONDER™ requires 2 x AAA batteries (included). Please make sure to insert them in the right direction with the (+) marking matching the indication in the battery compartment.

2.2 LCD DISPLAY

- **KEY LOCK TOGGLE ON/OFF:** Press and hold the MODE M button together with the “+” button while the device wand is operating and you are in intensity mode. The LCD will show the key lock icon.

- **MUTE TOGGLE ON/OFF:** Press and hold the MODE M button together with the “-” button for 2 seconds. The LCD will show the mute icon.

(The AGELESS WONDER™ requires 2 x AAA batteries)
2.3 HOW TO APPLY THE HEADSET AND WAND:

1. Take the application wand.
2. Peel off the plastic cover.
3. Place the conductive sponges onto the wand and press to fix the silicon on top.
4. Finished.
5. Now use the small bottle to drip water until the sponge is wet to the touch. 

Repeat on the 2nd application wand if needed.

1. Take the application wand.
2. Face the contact points towards the headset and press the application wand into the headset using light pressure.
3. Your headset is ready to wear.
4. Use the headset for program mode 1 to 3 when indicated in the LCD display.
5. To remove the application wand from the headset for handheld operation push the wand (with the cable attached) lightly towards the centre of the headset until it pops out.
6. For program mode 4 – 6, use the wand attached to the cable and plug it into the unit. Please note that without the headset, only the wand with the cable will work. We recommend clipping the provided handle into the back of the wand.
2.3 HOW TO APPLY THE HEADSET AND WAND:

The application wands are flexible, to follow the contour of your face.

Take the headset with the inserted application wands and after wetting the sponges, place it from behind your head onto your face.

For program mode 1 and 2, the correct positioning is directly under your cheek bone a little bit towards the back of your face.

The application wands should not be placed towards the front of the face.

2.4 HOW TO USE THE BELT CLIP:

To attach the belt clip, simply push it into the back of the device.

In order to remove the belt clip, push the center area down that is marked with the triangular arrow to release the lock, and at the same time pull the clip away from the unit.
2.5 FIRST OPERATION

The AGELESS WONDER™ is very easy to use. Every operation is clearly shown on the LCD display and all programs will run automatically. In addition, the device has an auto switch off function and built in safety features as described at the end of this chapter.

Operation:
1. Open the battery compartment by sliding the door gently downwards (please see diagram).
2. Insert 2 x AAA batteries by following the polarity indications in the compartment.
3. Plug the application wand into the control unit.

Use the wand attached to the cable and plug it into the device. Please note that without the headset, only the wand with the cable will work. We recommend clipping the provided handle into the back of the wand when not using the headset.

IMPORTANT: The device will NOT work unless the sponges in the application wand are wet and acting as a conductive medium between your skin and the application wand!

4. Make sure the device is switched off, i.e. the LCD display is OFF. If you accidentally switch the device on, press and hold the ON/OFF button for 2 seconds to switch it off again.
5. Choose a program as described in the next paragraph and either hold the application device in your hand or insert it into the headset, depending on the area you want to stimulate.

6. Switch the device ON by pressing the ON/OFF button once. The LCD display will light up and show the various functions.
7. Use the MODE button to toggle through the menu:
   - Mode
   - Timer
   - Intensity
   - Repeat
8. To switch the device OFF press and hold the ON/OFF button for 2 seconds.
9. KEY LOCK TOGGLE ON/OFF: Press and hold the MODE button together with the “+” button for 2 seconds, while the unit is operating and you are in intensity mode. The LCD will show the key lock icon.
10. MUTE TOGGLE ON/OFF. Press and hold the MODE button together with the “-” button for 2 seconds. The LCD will show the mute icon.
11. LOW BATTERY INDICATION. When the battery voltage becomes too low, the LCD will show the low battery icon. Replace the batteries at once.

IMPORTANT: The AGELESS WONDER™ device has several built-in safety features:
AUTO OFF: After approximately 30 seconds, the AUTO OFF function will turn the device off, if it is not in use.
KEY LOCK TOGGLE ON/OFF: Press and hold the MODE button together with the “+” button for 2 seconds, while the unit is operating and you are in intensity mode.
Use the headset for this stimulation mode.
Stimulates your facial branch muscle in both cheeks, resulting in the stimulation of a range of muscles in both sides of your face. This program will act to give you a more lifted appearance and also gives your skin a tighter and smoother look and feel.

• Position the headset horizontally with the application wands below the cheekbone and approx. 1-2 cm in front of the ear.

Mode 2 – Cheeks – Firm and Tone

Use the headset for this stimulation mode.
Stimulates your facial branch muscle in both cheeks, resulting in the stimulation of a range of muscles in both sides of your face. This program will act to give your face a firmer and more toned appearance and also gives your skin a tighter and smoother look and feel.

• Position the headset horizontally with the application wands below the cheekbone and approx. 1-2 cm in front of the ear.
Mode 3 – Lower Cheek

Use the headset for this stimulation mode. Stimulates your facial branch muscle in both lower cheeks, resulting in the stimulation of a range of muscles in both sides of your face. Select this mode to stimulate the lower cheek, from the corner of the mouth to the upper jaw.

• Position the headset horizontally with the application wands below the lower cheekbone and approx. 2-3 cm in front of the ear.

Mode 4 - Forehead

Use the handheld wand for this stimulation mode. Use the wand attached to the cable and plug it into the device. Please note that without the headset, only the wand with the cable will work. We recommend clipping the provided handle into the back of the wand. Select this mode to stimulate the forehead and temporal region.

Mode 5 - Chin, jaw line

Use the handheld wand for this stimulation mode. Use the wand attached to the cable and plug it into the unit. Please note that without the headset, only the wand with the cable will work. We recommend clipping the provided handle into the back of the wand. Select this mode to stimulate the chin and lower jaw line.

Mode 6 - Under eye area

Use the handheld wand for this stimulation mode. Use the wand attached to the cable and plug it into the unit. Please note that without the headset, only the wand with the cable will work. We recommend clipping the provided handle into the back of the wand. Select this mode to stimulate the area under your eye.
Wand Placement

As everyone is created differently, exact positioning of the AGELESS WONDER™ application wand will vary from person to person. The ideal positioning is adjacent to the motor nerve. While the device is operating, you will be able to move the application wand to find the most effective placement. As you move it around, you will notice contractions becoming either stronger or weaker. The best position is when the strongest contraction is felt.

2.8 INTENSITY

Power with 30 Intensity Levels

Push the + / - button when in the Power Mode ||||| intensity level. Level 1 is the first intensity you can feel. The pre-set value is 0 after choosing your program in the mode setting. After increasing the intensity, you will notice a tingling sensation prior to the muscle contracting. Once the muscle is contracting, you will feel pleasant and relaxed. Adjust the intensity according to your comfort level.

The intensity level has 30 steps per channel. With every push of the + / - button, you increase / decrease the intensity by one step.

Press and hold the + / - button for 1.5 seconds to enter fast scroll mode.

IMPORTANT:
The AGELESS WONDER™ device has several built-in safety features:

A)AUTO OFF: After approximately 30 seconds, the AUTO OFF function will turn the device off, if it is not in use.

B)KEY LOCK TOGGLE ON/OFF: Press and hold the button MODE M together with the “+” button for 2 seconds, while the unit is operating and you are in intensity mode. The LCD will show the key lock icon.

Tip! For best results we recommend to set the intensity at a low level. To find a good training intensity, increase the intensity to the maximum tolerable level and reduce it 1-3 levels from there, until you feel comfortable and the unit is still generating strong muscle contractions.
If no or not enough water is applied on the AGELESS WONDER™ sponge, or the application wand is not placed tightly against the skin, an uncomfortable tingling sensation can occur. This can also happen if there is excessive oil on the skin. Before use, ensure that the sponges are kept moist at all times.

**2.9 TIMER**

**Timer**

Default time is 5 minutes. Press the +/− button once to increase or decrease the time increment. Maximum time is 20 minutes.

1. To switch the device off, press and hold the ON/OFF button for 2 seconds.
2. To turn the sound on/off, press and hold the MODE and “−” button for 2 seconds.
   The display will show the ‘sound off’ icon.

**Auto Functions**

The device will automatically turn off after 30 seconds if not in use. The AGELESS WONDER™ device has an auto-timer. It will automatically switch off after the chosen timer setting. If you change the exercise mode during an e.g. 15 minute exercise period, the timer will continue to count-down from the original leftover time and not re-start the initial timer setting.

**What to do if you do not feel any muscle contractions**

If no muscle contractions are felt, move the application wand slowly around the area you want to target. Make sure the sponge of the application wand is moist to the touch. Gradually increase the PULSE INTENSITY by pushing the + button until muscle contraction is felt.

The AGELESS WONDER™ is a great way to tone, lift and firm your face. It may take a few moments of practice to locate the application wand correctly and apply the ideal pressure that will produce the best results for you.

**Tip!** If the sponge of the application wand is not moist enough, or the skin contact is not sufficient, you may experience an uncomfortable tingling sensation. The same may happen if the sponge is worn and needs to be replaced.

**2.0 CARE AND CLEANING**

- Do not immerse the device, the application wand or the headset in water!
- Clean accessories with a slightly wet sponge with detergent and wipe with a cloth.
- Clean the sponge by soaking it in water with disinfectant diluted in water at 1/10th strength.

**3.1 IMPORTANT – PLEASE READ**

If no or not enough water is applied on the AGELESS WONDER™ sponge, or the application wand is not placed tightly against the skin, an uncomfortable tingling sensation can occur. This can also happen if there is excessive oil on the skin. Before use, ensure that the sponges are wet to the touch and that your skin is free of all makeup and excessive oils.

If you experience skin redness or irritation after removing the device from your skin, this could be caused by drying out of the sponge during a session. Ensure that the sponges are kept moist at all times.
Q. How does the AGELESS WONDER™ work?
A. The AGELESS WONDER™ is designed to copy the messages sent from your brain to the facial muscles. These messages cause the muscles to contract and relax.

Q. Can muscles become over-developed or strained?
A. No. The principle is the same for general training of any muscle—the more exercise, with suitable periods of rest, the stronger and more toned the muscles become.

Q. Are there any age restrictions on use of the AGELESS WONDER™?
A. The AGELESS WONDER™ is for adult use only. The elderly should only use the device under supervision and at low intensity. The device should not be used by infants, toddlers or children.

Q. Will I find it uncomfortable?
A. As long as the sponge is moist and kept firmly against the skin, you will not feel any unpleasantness. At low intensity, you will feel a slight tingling sensation, but as the intensity gets higher you will only feel pleasant contractions. However, should you feel irritation or continued uncomfortable sensations in a specific area, we recommend moving on to stimulate other areas.

Q. Should the intensity settings be the same for each muscle?
A. Each muscle will respond differently, so intensities will vary accordingly. Move the application wand around to find the right trigger point that gives you maximum contractions.

Q. Are there any contra-indications to use of the AGELESS WONDER™?
A. Yes. Please read all contra-indications in section 4.0 carefully!

Q. When should I notice any difference?
A. Depending on the frequency of use, you should start noticing a difference within 2-3 weeks.

Q. I am getting a prickling sensation but no contractions.
A. Move the application wand slightly to find the right trigger points that give good contractions and a pleasant feeling. Increase the intensity. Alternatively, ensure that the sponge is wet enough and/or is placed tightly against the skin. Failing this, remove the sponge and wash it with soapy water to remove body oils.

Q. I noticed a redness of the skin after use. Is this a problem?
A. A slight redness of the skin after using the AGELESS WONDER™ is normal. It should fade quickly. If the redness is excessive, the sponge might have dried out during a longer application. Try replenishing the sponge with water after each 15 minute session and use a lower intensity level.
4.0 WARNINGS

1. The AGELESS WONDER™ is intended only for cosmetic use on facial tissue, and no other part of the body. Do not use on the neck. The long-term effects of chronic electrical stimulation are unknown.

2. Apply electrodes ONLY to normal, unbroken, clean skin.

3. DO NOT APPLY STIMULATION:  
   • Trans-cerebrally (through the head).
   • Over swollen, infected or inflamed areas of skin or skin eruptions (e.g., phlebitis, thrombophlebitis, varicose veins, etc.).
   • Trans-thoracically; the introduction of electrical current into the heart may cause rhythm disturbances, which could be harmful, even fatal.
   • Over, or in proximity to, cancerous or other skin lesions or open wounds.
   • If you are epileptic.
   • After experiencing acute trauma or following recent surgery.

4. Never use the AGELESS WONDER™ while driving, operating machinery or during activities in which involuntary muscle contractions may endanger the user or others.

5. Do not use the AGELESS WONDER™ in the bath or shower.

6. Persons with suspected heart problems should consult their doctor before using the AGELESS WONDER™.

7. The AGELESS WONDER™ should never be used while sleeping.

8. Do not immerse the AGELESS WONDER™ device or application wand in water or any liquid.

9. Keep the AGELESS WONDER™ out of the reach of children.

4.1 PRECAUTIONS: DO NOT USE WHEN:

DO NOT use if you have a tendency to hemorrhage.

DO NOT use in areas on your face in which you have recently received injectibles (such as Botox or facial dermal fillers), or near areas in which you have had surgical implants.

DO NOT use over skin areas that lack normal sensation.

IMMEDIATELY STOP using this device if you experience any adverse effects such as skin irritation, hypersensitivity, burns or any sort of muscular irritation or discomfort.

PRECAUTIONS:

The safety of neuromuscular stimulation during pregnancy or child birth has not been established. Only use the application wand in accordance with the illustrations in this manual.

Users should start all sessions in a seated position.

4.2 POPULATION

The AGELESS WONDER™ is for adult use only, and is not suitable for use by infants, toddlers or children. The elderly should only use the device under supervision and at low intensity.
### 4.3 IMPORTANT GUIDELINES

The **AGELESS WONDER™** is extremely safe and simple to use, however, we assume no responsibility for any harm caused by misuse of the product. Please read the entire instruction manual before using the device. Additionally, if you have the following conditions, please consult your doctor before using the device:

- Heart disease or cardiac infirmities, whether or not you have a pacemaker or other implanted device
- Epilepsy
- Multiple Sclerosis
- Phlebitis in its active phase (inflammation of a vein)
- Inflamed tissue as a result of disease, injury or surgery
- Recent scar tissue or surgery
- Varicose veins in later stages

### 5.0 TROUBLE SHOOTING GUIDE

<table>
<thead>
<tr>
<th>PROBLEM</th>
<th>POSSIBLE CAUSE</th>
<th>SOLUTION</th>
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</thead>
<tbody>
<tr>
<td>LCD Display does not light up at all</td>
<td>- Batteries not installed&lt;br&gt;- Batteries installed incorrectly or battery tray not properly locked into place&lt;br&gt;- Batteries are dead</td>
<td>- Install Batteries&lt;br&gt;- Check polarity +* sign&lt;br&gt;- Remove the battery tray and re-insert it, until it locks into place.&lt;br&gt;A confirmation beep should sound.&lt;br&gt;- Replace Batteries</td>
</tr>
<tr>
<td>LCD Display lights up, but no sensation is felt.</td>
<td>- No skin contact&lt;br&gt;- Application wand is not plugged in correctly&lt;br&gt;- Application wand is not attached to headset correctly&lt;br&gt;- Microprocessor freeze&lt;br&gt;- Battery is low</td>
<td>- Check to see if the conductive sponge is wet to the touch&lt;br&gt;- Check that wand plug is connected firmly to the control unit&lt;br&gt;- Check operation with handheld wand first to isolate the problem. If handheld operation works attach wand to the headset and-&lt;br&gt;- Check that both wands are properly attached to the headset.&lt;br&gt;- Choose</td>
</tr>
<tr>
<td>LCD Display lights up, but nothing occurs</td>
<td>- Intensity set to low level&lt;br&gt;- Sponge is not wet enough&lt;br&gt;- the wands are positioned incorrectly&lt;br&gt;- Sponge has oil deposits.&lt;br&gt;- Battery is low</td>
<td>- Choose</td>
</tr>
<tr>
<td>LCD Display lights up, but none of buttons work</td>
<td>- Microprocessor freeze&lt;br&gt;- Battery is low</td>
<td>- Perform a RESET, remove batteries for 1 minute for full RESET&lt;br&gt;- Change Battery</td>
</tr>
</tbody>
</table>

**IMPORTANT: POWER RESET**

If the unit does not switch on, or if you can’t change to different programs, the microprocessor may have “frozen”. Please perform a simple **RESET**. Remove batteries and replace them after 1 minute.