

# Le PRESSE™ A-Z Quick Slice Guide

Food	Special Prep								
		Core	Quarter	Thick Slice	Large Dice	Thin Slice	Small Dice	Ricer	Juicer
Almonds	N/A								
Apple		X	X	X				APPLESAUCE-R	
Apricot	REMOVE PIT			X		X			
Artichoke	N/A								
Asparagus	N/A								
Avocado	REMOVE PIT							GUACAMOLE -R	
Banana	PEEL			X		X		MASH	
Beet	PEEL AND COOK		X	X	X	X			
Broccoli	N/A								
Cabbage	CUT IN WEDGES			X		COLESLAW-R			
Carrot	PEEL & MICROWAVE 1 MIN.			X	X	X			
Celery	CUT IN 3" LENGTHS			X	X	X			
Cheese	SLICE TO 1/4" TO 1/2"				X		X		
Chicken	COOKED			X	X				
Cucumber	PEEL		X	X	X	X			
Egg	HARD BOIL AND PEEL		X	X	X				
Eggplant	SLICE TO 1/4" TO 1/2"			X	X				
Fennel				X					
Grapefruit				X					X
Grapes				X				X	
Ham	COOKED ONLY			X	X				
Jicama	SLICE TO 1/4" TO 1/2"			X	X				

(continued on reverse side)

**A-Z Quick Slice Guide (CONT.)**

<i>Food</i>	<i>Special Prep</i>	<i>Corer</i>	<i>Quarter</i>	<i>Thick Slice</i>	<i>Large Dice</i>	<i>Thin Slice</i>	<i>Small Dice</i>	<i>Ricer</i>	<i>Juicer</i>
Kohlrabi	PEEL & MICROWAVE 1 MIN.			X	X				
Lemon	HALVE		X						
Lettuce	CUT IN WEDGES			Salads		TACOS			
Mushrooms				X	X				
Nectarine	REMOVE PIT			X	X				
Olives	WITHOUT PIT			X		X			
Onion	PEEL	X	X	X		X			
Orange			X						X
Parsnip	N/A								
Peach	REMOVE PIT			X		X			X
Pear		X	X	X		X			
Pecans	REMOVE SHELL				TO CHOP				
Pepper	HALVE AND SEED			X	X	X			
Pickles				X	X	X			
Potato		X	X	X	X	X		BOIL IN SKIN-R	
Quince				X	X				
Radish	CUT OFF TIPS			X	X	X	X		
Squash			X	X	X	X			
Strawberries			X	X		X			
Sweet potato	PEEL		X	X				X	
Tomato	HALVE & REMOVE STEM		X	X		X			
Turkey	COOKED				X				
Turnip	COOKED							X	
Walnuts	REMOVE SHELL				TO CHOP				
Yams	PEEL		X	X				X	
Zucchini	PEEL IF DESIRED			X	X	X	X		